

Mapleton Public Schools - Head Start, Toddlers & Tuition

~ August - September 2011 ~

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| AUG. 29 Sausage Biscuit Bean Tostado - Green Beans and Peaches Apple Slices w/Yogurt | 30 Breakfast Egg Sand. Sub Sandwich - Carrot Sticks and Apple Quarters ½ Baked Potato w/Cheese | 31 Bagel w/C Cheese Penne Bake - Broccoli and Pears Apple Cinnamon Bake | SEPT. 1 Yogurt/Grahams Cheese Quesadilla w/ Pinto Beans - Corn and Orange Smiles Granola Bar | 2 French Toast Mac & Cheese - Peas and Watermelon Celery w/Peanut Butter and Raisins |
| 5 No School Labor Day | 6 Oat Meal Bar w/Toast Chicken Wrap - Fresh Veggie Sticks and Cantaloupe Chunks Sting Cheese & Peaches | 7 Biscuit w/Saus. Gravy Teriyaki Chicken w/Rice - Mixed Veggies and Pineapple Tidbits Graham Crackers | 8 Breakfast Burrito Baked Chicken w/Mashed Potatoes - Salad and Peaches Cottage Cheese w/Blueberries | 9 Pancakes & Ham Fish Patty Sandwich - Sliced Carrots and Fresh Apple Slices Chocolate Belly Bear Crackers |
| 12 Yogurt & Grahams Spaghetti & Meat Balls- Tossed Salad and Applesauce Bananas | 13 Southwest Egg Bake Pasta Alfredo w/Chicken - Peas and Mandarin Oranges Biscuit & Jelly | 14 Muffin & Cheese Grilled Cheese & Soup- Cucumber Slices and Strawberries Meatballs | 15 Ham/Cheese Biscuit Chicken Fajitas - Veggie Sticks and Watermelon Ravioli | 16 Power Breakfast Shrimp Poppers - Mixed Veggies and Orange Smiles Applesauce |
| 19 Sausage Biscuit Pizza - Green Beans and Sliced Peaches Deviled Eggs | 20 Breakfast Egg Sand. Taco - Fresh Carrot Sticks and Fresh Oranges Strawberry Cups | 21 Bagel w/C Cheese Hamburger on Bun - Broccoli and Pears Fruit Mix | 22 Yogurt & Grahams Sloppy Joe - Corn and Fresh Fruit Mix Rice w/Cinn and Raisins | 23 No School |
| 26 Waffle Stix BBQ Chicken Sandwich - Tossed Salad and Sliced Peaches Popcorn Chicken | 27 Oat Meal Bar w/Toast Taco Salad - Fresh Veggie Sticks and Cantaloupe Chunks Bananas | 28 Biscuit w/Sau. Gravy Teriyaki Chicken w/Rice - Veggies and Pineapple Tidbits Corn Muffin & Pears | 29 Breakfast Burrito BBQ Rib Sandwich - Salad and Watermelon Wedge Refried Beans - cheese | 30 Pancakes & Ham Yogurt Basket - Sliced Carrots and Fresh Apple Quarters Meatball |

Juice and/or Fruit, offered daily at Breakfast.
Milk offered daily at all meals.