

Meal Prices

Breakfast:

Grades PK-6 \$.00

Grades 7-12 \$.00

Reduced \$.00

Adult \$1.25

Lunch:

Grades PK-6 \$1.80

Grades 7-12 \$2.30

Reduced PK-2 \$.00

Reduced 3-12 \$.40

Adult \$3.00

PK – 6 Full Price Lunch

Weekly \$9.00

Monthly \$36.00

7 - 12 Full Price Lunch

Weekly \$11.50

Monthly \$46.00

Milk, 8 oz carton \$.50

**Milk, fruit and/or vegetables
are offered with every meal
at no additional cost.**

**BREAKFAST IS FREE
EVERY DAY**

Menus are subject to change due to
the availability of foods.

Kid Friendly Recipe for February...

Salad Pizza- Serves 4

12 inch whole wheat pizza crust

3 cups torn baby romaine lettuce

4 ounce artichoke hearts, drained and quartered

6 cherry tomatoes, halved

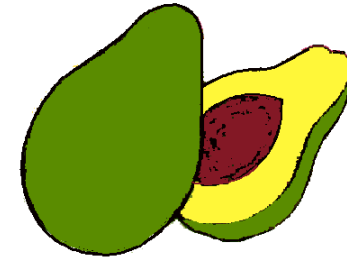
½ cup any semi-soft cheese with chives and herbs

2 teaspoons Dijon style mustard

2 teaspoons fat-free milk

2 cups part-skim mozzarella, shredded

½ medium avocado, peeled and sliced



Directions:

In a large mixing bowl, combine romaine, artichoke hearts, and tomatoes. For the dressing, in a small bowl stir together the semi-soft cheese, mustard, and milk. Drizzle half of the dressing over the greens, and toss to coat. Preheat the broiler. Sprinkle 1 ½ cups of mozzarella on pizza crust. Broil 3 inches from the heat for 1 to 1 ½ minutes or until the cheese melts. Spoon the greens mixture on the crust, and sprinkle on remaining cheese. Broil again until cheese melts. Arrange avocado slices on top. Serve immediately with remaining dressing.

Adapted from: www.fruitsandveggiesmorematters.org

**Interested in a part time job in our school cafeterias?
Call Sandy at 303-853-1119.**

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