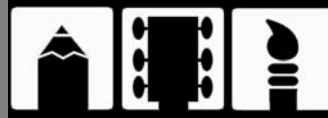


Calendar:

Feb 22-26	Intensives
March 1 st	Spring Sports Registration Due to the Athletic Office
March 9-18	CSAP Testing No Late starts on the 10 th and 17 th
March 11	PTO Meeting 5:30-6:30, classroom 1A
Mar 26	No School Teacher Trade Day
Mar 29-Apr 2	No School Spring Break
April 8 th	PTO Meeting 5:30-6:30, classroom 1A



MESA

Volume 5: Winter '09

This MESA Newsletter includes information on preparing for CSAP, Passages, and reviews our community standards.



Photos: 12th Grade students teach art lessons to 1st Grade students at Explore Elementary



MESA YEARBOOK

Have you bought your yearbook?

Every MESA student is in the yearbook at least 3 times and last year they sold out, so don't wait! Get your yearbook today for ONLY \$30. The price will go up in March. Get yours by February 26th to lock in at the low \$30 price. Yearbooks are only guaranteed to students who buy before the end of February. After that, they are first come, first serve.

Checks are payable to MESA and order forms are in the MESA office.

For yearbook information contact Courtenay Hammond at hammondc@mapleton.us or call the MESA office.

CSAP: March 9-11 and 16-18 CSAP Study Tips for Students and Parents

MESA students will be taking the CSAP March 9-11 and 16-18, Tuesdays-Thursdays. Good attendance during this time is important as it is always.

Here are some other things you can do to help your child be successful on CSAP.

- **Ensure your child eats**

Breakfast: Breakfast is perhaps the most important meal of the day. On the day of their CSAP, students who eat a protein-based breakfast will have increased attention spans. MESA provides free breakfast for all students every morning.

- **Ensure your child is hydrated:**

Research tells us that the brain requires hydration to function well. A general rule of thumb is students should drink one cup of water per hour. Students are allowed to have water bottles in class at MESA.

- **Ensure your child gets a good night's sleep:** Adolescents need a minimum of eight hours of sleep per night...nine hours of sleep is even better.

- **Help reduce your child's stress:** Tips include positive self-talk ("I know I can do this"), avoid being rushed and take deep breaths (the brain needs oxygen to think clearly).

- **Believe in your child's success:** Parents can best support their student by talking and listening about the student's school day actively, and always providing encouragement and support.

Mapleton Expeditionary
School of the Arts

Attendance 303-853-1291
MESA Office 303-853-1270

THIRD TRIMESTER EXPEDITIONS:

7th Grade: Space!, and Roots Race, and Resilience

8th Grade: Roots, Race and Resilience, and Weather

9th Grade: Evolution, and WWII (Hitler Youth, Book clubs, Japanese internment, holocaust, and more!!!)

10th Grade: Industrialization, and The Chemistry of Movie Special Effects

11th Grade: China: Mao-Today, and Ecology

12th Grade: Senior Expedition and Ecology

Congratulations to Seniors Ricky Nevarez and Cindy Huynh, our Daniels Fund Scholarship Finalists!!
The Daniels Fund is a supplemental scholarship (after other financial aid and scholarships) for full tuition to any accredited college in the United States. So far, MESA seniors have been awarded \$320,000 in college scholarships!

Always Remember!!

A Review of MESA's Attendance Policy and Community Standards

Absences: Daily school attendance is important. Be at school everyday!

Excused absences are illness, death in the immediate family, danger to health, medical and dental appointment, mental or emotional disability, and absences pre-approved by the administrator. Please schedule appointments before or after school or during late starts.

A parent will receive a call home from our automated system every time a student misses class. Parents can also track attendance through the IC Parent Portal.

Tardies: Students should arrive to school, return from lunch and be in class on time. A student will receive lunch detention if they are tardy 3 times to the same class. Students will be suspended if they do not serve their lunch detention by the second day. 11th and 12th grade students may lose off campus privileges if they are excessively tardy after lunch.

Cell Phone Use: Cell phones cannot be used during the school day at any time and they will be confiscated. First offense, the phone will be returned to the student at the end of the school day. Second offence, we will keep the phone until a parent or guardian

comes to pick it up. Students who refuse to give up a cell phone will be suspended for defiance and will be readmitted to school with a parent meeting.

If you need to reach your child during the school day, please call the MESA office and a message will be given in the case of an emergency.

Use of Personal Electronic Equipment:

Personal Stereo Equipment (headphones, iPods, CD Players, etc.) may not be used during the school day and will also be confiscated according to the cell phone policy.

-From the MESA Student Handbook, 2009-2010

Passages Beginning in 8th, 10th, & 12th Grades

MESA students have already begun the process of creating their Passage portfolio. Passages is the opportunity for a student to successfully pass from one grade to the next by demonstrating that they have successfully mastered the content during that 2 year

cycle at MESA. The portfolio contains reflections on the student's growth, character, challenges, exemplary work and a performance. To pass the 8th, 10th and 12th grades students must complete a portfolio to present to a panel made up of teachers and community members. After reviewing the student's portfolio, the panel may recommend passage to the next grade, or

require specific revisions that must be made prior to passage. In the 12th grade, a successful passage is also one the graduation requirements. 12th grade students earn a passage credit and are not eligible to graduate without this credit. This is an exciting opportunity for students to show all their hard work to an audience.